

Board of Health

Ron Wesen, Chair Lisa Janicki, Commissioner Kenneth Dahlstedt, Commissioner

PHT Membership Meeting Thursday June 7, 2018 from 8:30am-10:30am Skagit Transit Community Room

Members: Barbara Juarez, Bill Henkel, Carol Hawk, Chris Johnston, Colleen Pacheco, Debra Lancaster, Diane Smith, Howard Leibrand, Jennifer Sass-Walton, Jennifer Johnson, Ken Lawson, Kevin Murphy, Liz Lovelett, Margaret Rojas, Mary McGoffin, Mary Ellen Lykins, Maureen Pettitt, Michael Sharp, Phil Brockman, Randy Elde, Sonia Garza & Stacy Phelps

Regrets: Cheryl Rasar, Connie Davis, Don McDermott, Joanne Lynn, John Sternlicht, Kari Ranten, Liz McNett Crowl, Scott Hale & Stephanie Morgareidge

Staff: Kristen Ekstran, David Jefferson, Lea Hamner and Mel Pedrosa

Guests: Melanie Coyne & Cate Anderson

- Welcome, we tabled the Forces of Change for now
- Reviewed agenda, approved previous notes
- Recognitions
 - > Debra gave a huge thank you to Kristen from the First 1,000 days group
 - Diane gave a shout-out to Mo and Diane for their recent trip to the National Conference in Minnesota where they did a PHT presentation
 - David presented an award on behalf of the Trust to Randy Elde for his efforts with the OWLT group and Secure Medicine Return Program underway, Kristen and Jennifer Johnson gave additional kudos
 - Colleen gave additional information on the recent award to SeaMar as a whole to increase access to farmworkers in our area. They have implemented education trainings for their staff, and have increased access by 37%
 - David shared the Trust has applied and have been awarded a Group Health Grant for collaboration, due to the document written by Diane and Mo. The funds received will be attributed as a contribution for Maureen and WSU



Skagit County Public Health | 700 South 2nd Street Room #301| Mount Vernon, WA 98273 | (360) 416-1545 "Working Together to Improve Health for All"

• Steering Update

Kevin gave a brief update on the most recent meeting in May, including the continued work on the Housing White Paper and the fiscal commitment letters that will be going out soon.

• Skagit Trends Newsletter

David asked the group to revisit the Newsletter feature of our Trends contract with Eastern Washington University. David asked for a second vote to continue the newsletter or terminate this feature.

Details included:

- ✓ Public Health will own the introduction quarterly
- ✓ Need one Health Champions per quarter (5 questions per person)
- ✓ Discontinue our comments section on the individual indicators

The membership unanimously agree to terminate the Newsletter feature of our Eastern Washington Contract, with the caveat of repurposing the \$5000 budgeted for the Newsletter to contract for a local media campaign.

• InsightVision Update

David gave a brief update on the progress of the Admin-level training that has commenced, as well as the upcoming open Training scheduled for July 3rd from 8:30am-11:30am. More details to come.

• Health Equity Ad-hoc Sub Committee

Jennifer Johnson, Ken Lawson, Kevin murphy, Liz McNett Crowl, Margaret Rojas, Mo Pettitt, Sonia Garza and Stacy Phelps are current members. The first meeting is scheduled for June 25th.

Board of Health Relations

Jennifer Johnson gave a brief update on the progress of the Board of Health communication and improved relationship with the Trust. Jennifer shared a recent meeting between the BOH, David and herself. At the meeting we explored different BOH models for other counties. One possibility that is under consideration is to add 2 voting members to the BOH in addition to the Commissioners, as well as one PHT non-voting member. David and Jennifer will take next steps in the process by consulting the County legal department to see what is permitted, required, or needed for this change to be considered.

• Opioid Update

Jennifer shared that Skagit County is exploring the possibility of making Overdose's a reportable condition. This would make it mandatory that Emergency Departments and first responders would have to report overdoses to the Public Health Department. Very similar to what is in place for communicable diseases. This would enable us to analyze and assess the gaps in care, and in turn address the needs in an equitable way. There are 5 other counties in the State of WA that moving in this direction.

• Opioid Hub Proposal

David shared the new Opioid Hub concept. It would serve to connect people with essential providers and organizations in the community. The priority starter population would be people who have experienced a non-fatal OD. After a period of start-up time the Hub would expand to serve anybody trying to access SUD and MH treatment services. Some other key populations are high-utilizers and people with co-occurring disorders. The program would continue to interface with the person for as long as needed with the goal of supporting them through long term recovery.

• First 1,000 Days Participant Presentation

5 members of the First 1,000 workgroup shared a summary of the work of this group in the last 6 months. The members presented the proposed action steps created by the work of the group, and asked for feedback from the Trust members.

Questions/Suggestions/feedback

- People noted the importance of self-care for child care providers, parents and caregivers and including that more directly in the actions steps
- o Importance of having a Hub system that includes an outreach model
- Explore how Community Health Workers could be utilized for this work
- Some action steps require facilitation and ownership, who will be doing this? Kristen shared that the Children's Council will explore owning portions of the plan, as well as the utilization of InsightVision to enable tracking and monitoring. Kristen tasked the Trust members with advocating for the plan in their organizations

Kristen gave a thanks to those participants in the First 1,000 Steering and Workgroup who have put in a large amount of work during, between, and outside workgroups. Specifically Adi Hernandez, Emily Molina, Lyndie Case, Amanda Horvath, and Zoe Freeman.

• Next Steps

- > No PHT meeting in July
- Next PHT meeting is scheduled for Thursday August 2, 2018 from 8:30am-10:30am, at the updated location of the Skagit Transit Community Room